## Get Involved, 📎 Make a Difference

## VOLUNTEER XX TRICITIES.ORG

## Did you know that getting involved with your community makes you happier?

Research shows that people who volunteer experience a boost in their mental health, have better overall health, and are more satisfied with their lives.

Sign up for **Volunteer Tri-Cities!** It's simple and free - and mobile-friendly. A few simple clicks and you'll be exploring the many ways to get involved.

Visit **www.volunteertricities.org** and start improving lives in our community.



United Way of Benton & Franklin Counties

